

NEW JERSEY SWIMMING AND DIVING LEAGUE 2010 "C" & "D" LEAGUE SWIMMING CHAMPIONSHIPS

Hosted by
North Brunswick RAPIDS Swim Team

DATE: Saturday July 31, 2010

<u>12 and Under</u>	Warm-up	6:45 AM
	Scratch Meeting	7:10 AM
	Officials Meeting	7:15 AM
	Start Time	8:00 AM

13 and Over TBD

Start Time will be sent via email and posted on the NJSDC Website by Thurs., July 29th

To be sensitive to the schedules of everyone involved, we will determine the warm-up and start times, once entries have been received. We will be able to provide a more accurate schedule, if we wait for entries to be received.

LOCATION: North Brunswick High School
Raider Road (off Rt. 130)
North Brunswick, NJ 08902

DIRECTIONS: <http://www.njsdc.org/directions/NB.htm>

FACILITY: 6 Lane, 25-yards pool with non-turbulent lane lines, automatic starting, and marshalling. Concession stand will be available. Spectator seating is limited and no setting up in pool area. No bags will be allowed in pool spectator area. Teams will not be allowed to set up outside on the open field, due to construction. **Teams will be designated a space in the air-conditioned gymnasium during the event. Blankets and chairs are permitted in the gym area.**

ELIGIBILITY: As per NJSDC Rulebook Section XII-B. A swimmer may enter a total of 4 events with a maximum of 3 individual events (see paragraph B). All swimmers must have competed officially in two current season dual meets to be eligible. Times submitted with individual entries for seeding purposes must have been swum during the league dual meet season. Please do not enter swimmers who cannot complete a lap or can not swim the stroke legally.

TEAM ENTRIES: Team Entries must be submitted electronically via Hy-Tek team or meet manager through email or on a disk. An electronic list of events will be posted on the league website. A hard copy of entries, entry form, and payment must be sent to the meet director by the below deadline. Each team must supply name of three (3) officials with phone numbers. Teams will be notified about number of timers needed after your entries are submitted. **IT IS THE RESPONSIBILITY OF EACH PARTICIPATING CLUB TO FILL THESE POSITIONS FOR THE DURATION OF THE SESSION.**

ENTRY DEADLINE:

Electronic Entries must be received by **July 26th at 7:00 PM.** Please include Entry Form as an attachment.

Payment MUST be received by the Scratch Meeting on Saturday, July 31st.

All entries will be scratched, if payment is not received. Entry forms and payments may be mailed to:

North Brunswick Rapids Swim Team
Elizabeth Yarus
312 Crestwood Drive
Milltown, NJ 08850
NBChamps2010@gmail.com

ALL ENTRIES MUST BE EMAILED or Submitted on Hy-Tek Team Manager Disk by July 26th at 7PM

MAKE CHECKS PAYABLE TO: NORTH BRUNSWICK RAPIDS SWIM TEAM

Meet Directors are forbidden to accept late entries for any reason

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- ENTRY TIMES:** Must include best time in YARDS. Conversions are acceptable.
- ENTRY FEES:** \$3.00 per individual event. \$10.00 for each relay team.
Entry fees are **NOT** refundable. Fees will be based on entries on hand as of 7:00pm, July 26th, 2010. Entry files will not be accepted after this time. All changes after July 26th will be made manually on an individual case basis. There will be no refunds for any scratches received after this time. Deck Entries will **NOT** be accepted.
- AWARDS:** As per NJSDC Rulebook Section XII-D.
- SEEDING AND SCRATCH:** Events will be seeded at the meet. Swimmers **must** check in with the Clerk of Course for heat assignments as each event is called. Failure to check in will result in the swimmer being scratched from that event.
- RULES:** USA Swimming Rules with NJSDC exceptions apply
- WAIVER:** In consideration of the acceptance of contestants entries the parents, guardians, and /or coaches of said contestants waive themselves, their heirs and assignees, any and all rights to claims for damages against NJSDC, The North Brunswick High School, North Brunswick Rapids Swim Team, North Brunswick Parks & Rec., or their agents or representatives, for any and all injuries which may be incurred by said contestants of this competition.
- ADMISSION:** The admission fee for all persons 13 & over is \$5.00. Ages 12 & under free. Swimmers, coaches, and officials will be admitted without charge. Officials, if not pre-registered, must register at the gate. Programs will be available for \$4.00.
- QUESTIONS:** Contact Meet Director, Elizabeth Yarus: NBChamps2010@gmail.com
- CONDUCT:** Coaches and their assistants will be held responsible for the conduct of their swimmers during the meet. Referee's whistle will be respected so that each swimmer has an equal opportunity to hear the starting command.

SPECIAL NOTICE:
WE NEED YOUR HELP & COOPERATION.
SPECTATOR AREA IS VERY LIMITED FOR A MEET OF THIS SIZE.
PLEASE DO NOT SET UP IN POOL AREA !!!
TEAMS WILL BE DESIGNATED AN AREA IN THE GYM OUTSIDE THE
POOL AREA!!

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Saturday July 31st – 8:00 AM Start

12 and Under AM Events

GIRLS	BOYS	EVENTS
1	2	10/u 100 IM
3	4	11-12 100 IM
5	6	8/u 100 Medley Relay
7	8	9-12 200 Medley Relay
9	10	8/u 25 Free
11	12	9-10 50 Free
13	14	11-12 50 Free
15	16	8/u 25 Breast
17	18	9-10 50 Breast
19	20	11-12 50 Breast
21	22	10/u 100 Free
23	24	11-12 100 Free
25	26	8/u 25 Back
27	28	9-10 50 Back
29	30	11-12 50 Back
31	32	8/u 25 Fly
33	34	9-10 50 Fly
35	36	11-12 50 Fly
37	38	8/u 100 Free Relay
39	40	9-12 200 Free Relay

13 and Over Afternoon Events

GIRLS	BOYS	EVENTS
41	42	13-18 200 IM
43	44	13-18 200 Medley Relay
45	46	13-14 100 Free
47	48	15-18 100 Free
49	50	13-14 100 Breast
51	52	15-18 100 Breast
53	54	13-14 100 Fly
55	56	15-18 100 Fly
57	58	13-14 100 Back
59	60	15-18 100 Back
61	62	13-18 200 Free
63	64	13-18 200 Free Relay

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Please include this form with your entries.

ENTRY FORM

CHECKLIST: (MAKE SURE YOU HAVE INCLUDED ALL THE BELOW INFORMATION)

_____ **ENTRY FORM**

_____ **TM ENTRIES** (HY-TEK ELECTRONIC ENTRIES ONLY)

_____ **ENTRY FEES**

Team Name: _____

Coach: _____

Contact Phone: _____ Cell Phone (day of event): _____

Email: _____

Asst. Coach: _____ Contact Phone: _____

Timers & Officials

The following information is **REQUIRED** along with your entries. All teams must supply Name of three officials with one official's contact information. Teams will be contacted directly about number of timers needed after your entries are submitted.

Please list your certified officials available at the meet:

Name: _____ Phone: _____

Name: _____

Name: _____

Entry Fees

Number of Individual Entries _____ X \$3.00 = \$ _____

Number of Relay Entries _____ X \$10.00 = \$ _____

Total = \$ _____

Entries are **REQUIRED** to be submitted electronically via email to NBCchamps2010@gmail.com or disk. **This form must be attached to the email.** Electronic entries and this form must be received by July 26th, 2010. Please check which method of electronic delivery you are using.

Email (preferred):

Disk:

Please return this form and payment to:

Elizabeth Yarus
312 Crestwood Drive
Milltown, NJ 08850

Alternatively, payment will be accepted at the scratch meeting.

****Please note: if payment is not received by 7:00AM, ALL swimmers will be scratched from the meet!**

Please make checks payable to: North Brunswick Rapids Swim Team