

**NEW JERSEY SWIMMING AND DIVING CONFERENCE**  
**2007 "A" LEAGUE SWIMMING CHAMPIONSHIPS**  
**Hosted by**  
**South Plainfield Tiger Sharks**

<b>DATES:</b>	<b>Friday July 27, 2007</b>	<b>Saturday July 28, 2006</b>
	<b>Session 1: Ages 13 - 18</b>	<b>Session 2: Ages 12/under</b>
	3:00 PM	<b>WARM-UP</b> 7:00 AM
	3:30 PM	<b>ALL SCRATCHES DUE</b> 7:30 AM
	4:00 PM	<b>Officials Meeting</b> 8:00 AM
	4:15 PM	<b>START TIME</b> 8:15 AM

**LOCATION:** South Plainfield Community Pool –  
1250 Maple Avenue, South Plainfield, NJ 07080

**DIRECTIONS:** See [NJSDC.org](http://NJSDC.org) (Go to DIRECTIONS to pools)

**FACILITY:** Six (6) lane, twenty-five (27.6) meter outdoor pool; nominal depth – 6 feet; non-turbulent lane lines, snack bar; parking lot; and marshalling.  
\*\*\*\*\***BRING YOUR OWN CHAIRS!**\*\*\*\*\*

**ELIGIBILITY:** A swimmer may enter a total of 4 events with a maximum of 3 individual events. All swimmers must have competed **officially** in two current season dual meets to be eligible. There will be 10 teams represented, swimmers should not be entered in an event unless they can finish the event. As per NJSDC Rule book: "*All entries with NO TIMES or times that cannot be verified will be scratched and the fee forfeited.*"

**TEAM ENTRIES:** Each team may enter as many swimmers as it desires in each event. A team may enter only two relays per event. Teams must provide the names of **8** volunteer timers (with watches capable of timing to 1/100th of a second) and **3** certified officials. **\*\*PLEASE REMEMBER WATCHES!!\*\***  
**MINIMUM of 3 TIMERS PER SESSION.**

**Teams that do not complete their Timing and Officiating assignments will have their swimmers scratched from the meet.**

**ENTRY DEADLINE:** Team entries must be **RECEIVED** by 5:00 PM on **Monday, July 23, 2007**. Mail, e-mail, express courier, or hand delivery to:

Sarah Blessing      [sarahblessing22@yahoo.com](mailto:sarahblessing22@yahoo.com)  
100 LaCosta Place  
South Plainfield, NJ 07080

Make checks payable to **South Plainfield Tiger Sharks**.

**Meet Directors are forbidden to accept late entries for any reason.**

**Changes of ANY kind will NOT be permitted after Tues, 7/24/07, 8 pm.**

Entries should be submitted on Hy-Tek Team Manager file. If you do not have access to your own copy of Team Manager, you can download TM Lite from the following web site:

[http://www.hy-tekld.com/Demos/Swim\\_TEAM\\_MANAGER\\_Lite.exe](http://www.hy-tekld.com/Demos/Swim_TEAM_MANAGER_Lite.exe)

**NEW JERSEY SWIMMING AND DIVING CONFERENCE**  
**2007 "A" LEAGUE SWIMMING CHAMPIONSHIPS**  
**Hosted by**  
**South Plainfield Tiger Sharks**

**ENTRY TIMES:** Must include best time in **25 YARDS**. Conversions are acceptable.

**( The conversion factor for South Plainfield Pool to YARDS is (x .828) )**

**ENTRY FEES:** \$3.00 per individual event. \$10.00 for each relay team.  
Entry fees are **not** refundable.

**AWARDS:** Trophies will be awarded to the top four teams based on scoring 7-5-4-3-2-1 and double for relay events. Medals will be awarded to the top 6 places in each individual event and relays.

**SEEDING AND SCRATCH:** Events will be seeded at the meet. Swimmers **must** check in with the Clerk of Course for heat assignments as each event is called. Failure to check in will result in the swimmer being scratched from that event. Failure to swim after checking in will result in the swimmer being scratched from their next event.

**RULES:** USA Swimming Rules with NJSDC exceptions apply

**WAIVER:** In consideration of the acceptance of contestants entries the parents, guardians, and /or coaches of said contestants waive themselves, their heirs and assignees, any and all rights to claims for damages against NJSDC, The South Plainfield Tiger Sharks, or their agents or representatives, for any and all injuries which may be incurred by said contestants of this competition.

**ADMISSION:** **The admission fee at each session for all persons 13 & over is \$4.00.** Ages 12 & under free. Coaches and officials will be admitted without charge. Officials, if not pre-registered, must register at the gate. **As per NJSDC Rules, a two day program will be available for \$6.00.**

**QUESTIONS:** Contact Meet Director, Janet McDermott (908) 755-4830 or e-mail to: [havana9999@aol.com](mailto:havana9999@aol.com)

**CONDUCT:** Coaches and their assistants will be held responsible for the conduct of their swimmers during the meet. Referee's whistle will be respected so that each swimmer has an equal opportunity to hear the starting command.

**SPECIAL NOTICE:**  
**WE NEED YOUR HELP AND COOPERATION.**  
**PARKING IS VERY LIMITED FOR A MEET OF THIS SIZE.**  
**PLEASE CARPPOOL TO THE GREATEST EXTENT POSSIBLE!**

## NEW JERSEY SWIMMING AND DIVING CONFERENCE 2007 "A" LEAGUE SWIMMING CHAMPIONSHIPS

### Session 1 Friday July 27th – 4:15 PM Start

GIRLS EVENT #	EVENT	Boys Event #
1	13 – 18 200 IM	2
3	13 - 18 200 Medley Relay	4
5	13 – 14 100 Free	6
7	15 - 18 100 Free	8
9	13 - 14 100 Breast	10
11	15 – 18 100 Breast	12
13	13 – 14 100 Fly	14
15	15 – 18 100 Fly	16
17	13 – 14 100 Back	18
19	15 – 18 100 Back	20
21	13 – 18 200 Free	22
23	13 – 18 200 Free Relay	24

### Session 2 Saturday July 28th - 8:15 AM Start

GIRLS EVENT #	EVENT	Boys Event #
25	10/U 100 I.M.	26
27	11 - 12 100 I.M.	28
29	8/U 100 Medley Relay	30
31	9 - 12 200 Medley Relay	32
33	8/U 25 Free	34
35	9 - 10 50 Free	36
37	11 - 12 50 Free	38
39	8/U 25 Breast	40
41	9 - 10 50 Breast	42
43	11 - 12 50 Breast	44
45	10/U 100 Free	46
47	11 – 12 100 Free	48
49	8/U 25 Back	50
51	9 - 10 50 Back	52
53	11 - 12 50 Back	54
55	8/U 25 Fly	56
57	9 - 10 50 Fly	58
59	11 - 12 50 Fly	60
61	8/U 100 Free Relay	62
63	9 - 12 200 Free Relay	64

**NEW JERSEY SWIMMING AND DIVING CONFERENCE  
2007 "A" LEAGUE SWIMMING CHAMPIONSHIPS**

THERE WILL BE A  
**MANDATORY SEEDING MEETING**  
HELD ON

**TUESDAY JULY 24<sup>TH</sup>**

**7:00 P.M. SHARP**

AT

**SOUTH PLAINFIELD COMMUNITY POOL**

**South Plainfield, NJ**

At this meeting you will receive verification sheets for your entries. Please be prepared to correct any errors at that time. Bring with you: your team roster and meet sheets for this season so that you are prepared to verify all information submitted on your entry forms.

**Changes of ANY kind will NOT be permitted  
after Tues, 7/24/07, 8 pm.**

We look forward to seeing you on the 24<sup>th</sup>. If you have any questions please call:

Janet McDermott , Meet Director (908) 755-4830

# NEW JERSEY SWIMMING AND DIVING CONFERENCE 2007 "A" LEAGUE SWIMMING CHAMPIONSHIPS ENTRY CHECKLIST

**Team Name** \_\_\_\_\_

**Coach** \_\_\_\_\_ **Phone Number** \_\_\_\_\_

When submitting entries for Championships, include this form, with **all** information completed and check to be sure you have included each item on the list.

**Checklist**

- \_\_\_\_\_ Entry Checklist (this form) *Make sure you include names of certified officials only.*
- \_\_\_\_\_ \*Entry Sheets for Girls Individual Events
- \_\_\_\_\_ \*Entry Sheets for Boys Individual Events *Please check to be sure that no information has been omitted. Swimmers are not eligible if Date of Birth is not included.*
- \_\_\_\_\_ \*\*"A" Relay Entry Sheets
- \_\_\_\_\_ \*\*"B" Relay Entry Sheets
- \_\_\_\_\_ Entry Fees
- \*PRINT HY-TEK ENTRY SHEETS**
- \***

**Entry Fees**

\_\_\_\_\_ Individual Events @ \$3.00 =\$ \_\_\_\_\_

\_\_\_\_\_ Relay Entries @ \$10.00 =\$ \_\_\_\_\_

**Total Enclosed** =\$ \_\_\_\_\_

**Officials**

The following information is required along with your entries. All teams must supply names of people responsible for officiating. Names will be registered at the gate and **officials will be admitted free.**

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_

**Timers**

Each team will be assigned lanes for their timers. It is the responsibility of that team to provide timers to the lane for the ENTIRE MEET. Breaks and changeovers are the responsibility of each team. We will announce a half way point for each session.

**Coaches Signature** \_\_\_\_\_

# NEW JERSEY SWIMMING AND DIVING CONFERENCE 2007 "A" LEAGUE SWIMMING CHAMPIONSHIPS

## ENTRY SHEET FOR *GIRLS INDIVIDUAL EVENTS*

Team \_\_\_\_\_ Coach \_\_\_\_\_

Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				

# NEW JERSEY SWIMMING AND DIVING CONFERENCE 2007 "A" LEAGUE SWIMMING CHAMPIONSHIPS

## ENTRY SHEET FOR *BOYS INDIVIDUAL EVENTS*

Team \_\_\_\_\_ Coach \_\_\_\_\_

Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/ /				

**NEW JERSEY SWIMMING AND DIVING CONFERENCE  
2007 "A" LEAGUE SWIMMING CHAMPIONSHIPS**

**ENTRY SHEET FOR "A" RELAY**

Team \_\_\_\_\_ Coach \_\_\_\_\_

Age Group	Event #	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Best Time
8/U	Girls #29 Medley					
	Alternates					
8/U	Boys #30 Medley					
	Alternates					
9/12	Girls #31 Medley					
	Alternates					
9/12	Boys #32 Medley					
	Alternates					
13/18	Girls #3 Medley					
	Alternates					
13/18	Boys #4 Medley					
	Alternates					

# NEW JERSEY SWIMMING AND DIVING CONFERENCE 2007 "A" LEAGUE SWIMMING CHAMPIONSHIPS

## ENTRY SHEET FOR "A" RELAY

Team \_\_\_\_\_ Coach \_\_\_\_\_

Age Group	Event #	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Best Time
8/U	Girls #61 Free Relay					
	Alternates					
8/U	Boys #62 Free Relay					
	Alternates					
9/12	Girls #63 Free Relay					
	Alternates					
9/12	Boys #64 Free Relay					
	Alternates					
13/18	Girls #23 Free Relay					
	Alternates					
13/18	Boys #24 Free Relay					
	Alternates					

List only "A" relays on this sheet. If you have additional relays please use the sheet marked "B" Relays.

Please be certain to use the same name for relays that you used for individual events.

USE CAUTION WHEN PREPARING ENTRIES TO INSURE THAT THE EVENT NUMBER IS CORRECT - ENTRIES WILL BE ENTERED BY NUMBER !!!

**NEW JERSEY SWIMMING AND DIVING CONFERENCE  
2007 "A" LEAGUE SWIMMING CHAMPIONSHIPS**

**ENTRY SHEET FOR "B" RELAY**

Team \_\_\_\_\_ Coach \_\_\_\_\_

Age Group	Event #	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Best Time
8/U	Girls #29 Medley					
	Alternates					
8/U	Boys #30 Medley					
	Alternates					
9/12	Girls #31 Medley					
	Alternates					
9/12	Boys #32 Medley					
	Alternates					
13/18	Girls #3 Medley					
	Alternates					
13/18	Boys #4 Medley					
	Alternates					

# NEW JERSEY SWIMMING AND DIVING CONFERENCE 2007 "A" LEAGUE SWIMMING CHAMPIONSHIPS

## ENTRY SHEET FOR "B" RELAY

Team \_\_\_\_\_ Coach \_\_\_\_\_

Age Group	Event #	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Best Time
8/U	Girls #61 Free Relay					
	Alternates					
8/U	Boys #62 Free Relay					
	Alternates					
9/12	Girls #63 Free Relay					
	Alternates					
9/12	Boys #64 Free Relay					
	Alternates					
13/18	Girls #23 Free Relay					
	Alternates					
13/18	Boys #24 Free Relay					
	Alternates					

List only "B" relays on this sheet. "A" Relays should be entered on sheets marked "A" Relays.

Please be certain to use the same name for relays that you used for individual events.

USE CAUTION WHEN PREPARING ENTRIES TO INSURE THAT THE EVENT NUMBER IS CORRECT - ENTRIES WILL BE ENTERED BY NUMBER ONLY !!!